# Leadership Change Development & Coaching

# "All leadership is change leadership"

### What is it?

Change and uncertainty are a fact of life.

Leadership change development and coaching is a partnership between you and me, where I provide structure, support, feedback and challenge to support your growth. Sometimes you may need wider change development approaches, direct advice or just a sounding board. Change leadership development and coaching is really about increasing your self-awareness and understanding how you work and communicate with others. This in turn supports the change process you are leading.

# Why does it work?

Change leadership development and coaching is tailored to the particular circumstances of the change you are leading and your individual needs.

# How does it work?

A typical package might include 6 hours of session time over a 4-month period, with a pre-coaching consultation and a post coaching check-in. Sessions may be held in person or virtually.

# Who will benefit?

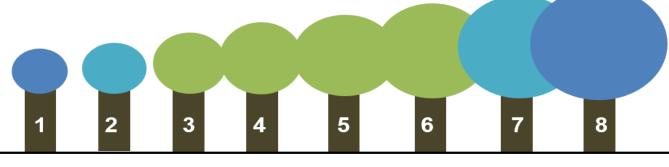
All leaders responsible for leading change.

# What is the benefit?

Studies show 85% of organisational have recently experienced an unsuccessful change project. The same studies also show that chances of success are increased with strong leadership, and coaching is the best way to develop the leadership skills required.

## Who uses it?

Clients include professionals and middle/senior managers including accountants, lawyers, project managers, engineers, general managers, procurement managers, information technology professionals, operations managers.



- 1 Pre-coaching consultation
- ensure compatibility
- establish néeds
- discuss the coaching process
- answer any questions
- First session
- agree how we will work together
- set coaching goal
- walk away with some actions

### 3-6 Middle sessions

- assess progress since last session
- relevant assessments and tools that might include: strengths, values, personality, conflict, prioritising, mindfulness, change
- · set actions

- Last session
- assess progress over the programme
- agree how momentum will be maintained
- Post coaching check in
- follow up call to see how you are progressing

# What next?

Contact me for a no obligation chat about how I can help you grow

